Sociology Major
8-Semester Plan

This is a sample 8-semester plan for how you could complete the sociology major during your four-year stay at New Paltz. This is just a suggested schedule. You do not need to follow this exactly, but it should give you an idea about how you can complete all of your major and degree requirements in a timely manner. Use the blank plan on the reverse side to plan out your remaining semesters at New Paltz.

Year 1

Fall		Spring	
Course	**Credits**	**Course**	**Credits**
Gen Ed: Composition (COMP)	3	Gen Ed: Composition (COMP)	3
Elective	3	Gen Ed: Humanities (HUM)	3
Gen Ed: World Civ. and Cultures (WRLD)	3	**SOC100 Intro Soc - GE (SSCI)**	3
Gen Ed: The Arts (ART)	3	Elective	3
Elective	3	Gen Ed: Western Civilization (WEST)	3
Total	15	Total	15

Year 2

Fall		Spring	
Course	**Credits**	**Course**	**Credits**
Gen Ed: Foreign Languages (FLNG)	3	Gen Ed: Foreign Languages (FLNG)	3
Major Elective	3	**Upper-Division Major Elective**	3
SOC220 Social Inequality - GE (USST)	3	Elective	3
Gen Ed: Natural Sciences (NSCI)	3	Gen Ed: Natural Sciences (NSCI)	3
Elective	3	Gen Ed: Diversity (DIVR)	3
Total	15	Total	15

Year 3

Fall		Spring	
Course	**Credits**	**Course**	**Credits**
SOC306 Research Methods	4	**SOC307 Social Statistics - GE (MATH)**	4
SOC303 Sociological Theory	3	**Upper-Division Major Elective**	3
Upper-Division Elective	3	Upper-Division Elective	3
Upper-Division Elective	3	Upper-Division Elective	3
Elective	3	Elective	3
Total	16	Total	16

Year 4

Fall		Spring	
Course	**Credits**	**Course**	**Credits**
Upper-Division Major Elective	3	**Upper-Division Major Elective**	3
Writing Intensive	3	**SOC490 Senior Seminar in Sociology**	3
Upper-Division Major Elective	3	Upper-Division Elective	3
Elective	3	Upper-Division Elective	3
Elective	3	Elective	3
Total	15	Total	15

My 8-Semester Plan

Year 1

Fall		Spring	
Course	**Credits**	**Course**	**Credits**
Total		**Total**	

Year 2

Fall		Spring	
Course	**Credits**	**Course**	**Credits**
Total		**Total**	

Year 3

Fall		Spring	
Course	**Credits**	**Course**	**Credits**
Total		**Total**	

Year 4

Fall		Spring	
Course	**Credits**	**Course**	**Credits**
Total		**Total**	